



**Tuesday  
September 16,  
2024**

# Heritage Woods Secondary

“WE ARE KODIAKS”



# Bell Schedule

|         |               |
|---------|---------------|
| Block 1 | 8:00 – 9:12   |
| Block 2 | 9:16 – 10:28  |
| FLEX    | 10:28 – 10:57 |
| Block 3 | 11:01 – 12:13 |
| LUNCH   | 12:13 – 12:53 |
| Block 4 | 12:57 – 2:09  |
| Block 5 | 2:13 – 3:25   |

# ATTENTION NEW INTERNATIONAL STUDENTS

If you haven't gotten a  
We Are Kodiaks t-shirt,  
please see Ms. Lee in  
Room 245 asap!



# Terry Fox School Run

This year, our school is proudly taking part in the annual Terry Fox School Run to continue Terry's dream of a world without cancer.

Please support our school's fundraising efforts today!

<https://schools.terryfox.ca/HeritageWoodsSecondary>



Thursday, September 19, 2024

# CLC MEETINGS

**Ms. Ferrer – Wednesday Sept.18<sup>th</sup> during Flex, Room: Library**

**Ms. Paisley - Wednesday Sept.18<sup>th</sup> during Flex, Room: 232**

**Mr. Aitken- Wednesday Sept.18<sup>th</sup> during Flex, Room:240**

**Ting- Wednesday Sept.18<sup>th</sup> during Flex, Room: 214**

**Mr. Yun(Ms. Gay) Wednesday Sept.18<sup>th</sup> during Flex, Room:103**

**Mr. Smith - Wednesday Sept.18<sup>th</sup> during Flex, Room: 109**

**Ms. Ross - Wednesday Sept.18<sup>th</sup> during Flex, Room: 238**

**Ms. Jarvis - Wednesday Sept.18<sup>th</sup> during Flex, Room: Theatre**

**Ms. Saloustros – Thursday Sept. 26<sup>th</sup> during Flex, Room: Theatre**

**Ms. Wiebe – Today (September 17th) during Flex in Room 305**

**Ms. Lee- TBA- please watch for an email from her**

**Ms. Johal- TBA- please watch for an email from her**

**Mr.Baldus- TBA- please watch for an email from her**

**\* If you can not make your CLC meeting please email your teacher**

# STUDENT COUNCIL

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**Are you interested in representing your grade to promote a positive culture in our school?**

## Roles and Responsibilities

- be a role model and to Heritage Woods students and represent the school mission statement
- listen to students' opinions and bring suggestions to the council
- bring positive changes to the school environment

Application forms Due Sept 18<sup>TH</sup>

Scan the QR code for more information.



Show your KODIAK PRIDE on  
FRIDAY by wearing the  
following colours to our SPIRIT  
ASSEMBLY!

- **Grade 9** – WE ARE KODIAKS T-shirts
- **Grade 10** – WHITE
- **Grade 11**- GREY
- **Grade 12** - BLACK OR KODIAK GEAR (any sports or club or KODIAK gear)
- **Teachers** – WE ARE KODIAKST-shirt or KODIAK GEAR







# HWSS MUSIC RETREAT

WHO?

BEGINNING CONCERT BAND  
GRADE 9S  
NEW STUDENTS  
STRINGS

WORKSHOPS AND GUEST  
CLINICIANS WILL BE COMING  
IN TO WORK WITH US!

WHAT?

WHEN?

SATURDAY,  
SEPTEMBER 21ST  
10:AM - 3:00PM  
COST: \$50

HERITAGE WOODS  
SECONDARY SCHOOL

WHERE?

MC, PT HELP WILL BE NEEDED

CONTACT [KFESTER@SD45.BC.CA](mailto:kfester@sd45.bc.ca) FOR MORE DETAILS





# CAMP *Capilano*

**19-20 SEPT 2024**

**VOCAL JAZZ, MUSIC COUNCIL, PEER TUTORING**

**FEE: \$150    LEAVE SCHOOL @12:00 THURSDAY,  
ARRIVE BACK @1:00PM FRIDAY**

**FIRST COME FIRST SERVE! LIMITED SEATS AVAILABLE**

**DEADLINE FOR FORMS IS NO LATER THAN  
SEPT 12TH OR BEFORE**



**QUESTIONS: [KFESTER@SD43.BC.CA](mailto:KFESTER@SD43.BC.CA)**

# FLEX<sub>pectations</sub>

**FLEX is instructional time, not a break!**



- Attend one of the classes in your current schedule
- Library (limited space for QUIET work)
  - \* NOT a space for groups to hang out
- Grade 12s ONLY in the Grand Hall

No homework?  
Read, Study, Review



# Fragrance Free

Reminder to all that SD43 is Scent Aware, and as such the district is asking for cooperation towards a scent reduced environment.

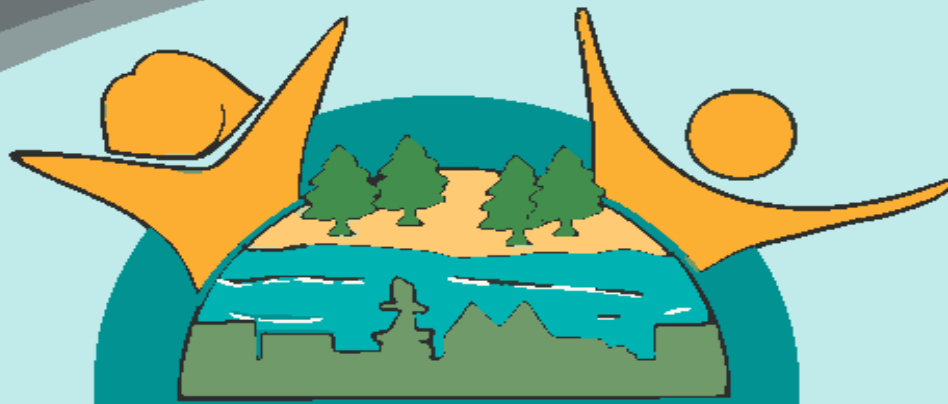
All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

The following students are asked to come to the office for a pick up.

- Aidan M.
- Hennessey K.
- Yuhan L.
- Matvey L.
- Leah S.
- Saturn Y.
- Isabelle H.
- Sarah C.
- Amaya S.
- Jayci T.
- Jody A.
- Samuel A-E.
- Kelly L.
- Gus R.
- Annie S.
- Nikolas M.



**ATTENTION  
PLEASE!**



## Mayor's Youth Summit

**October 25, 2024 • 8:30am–3:15pm**  
**Inlet Theatre, 100 Newport Drive, Port Moody**

Join us at the 2024 Mayor's Youth Summit and make your voice heard! Discuss critical issues, connect with peers, and shape the future of your community.

**Register now – open to all Tri-City youth!**



[portmoody.ca/signmeup](https://portmoody.ca/signmeup)



604.469.4556



Scan the code



**GAIN 7 HOURS  
OF VOLUNTEER  
TIME!**

youth@portmoody.ca  
604.469.4556

Logo designed by Yufei Hu

**PORT MOODY**  
CITY OF THE ARTS

# CLUBS



A vertical border on the left side of the slide, composed of horizontal brushstrokes in the colors of the rainbow: red, orange, yellow, green, blue, and purple.

# Kodiak Pride!

Meeting at lunch in room 215  
Tuesday, Sept 17

Everyone Welcome!





# STUDENT ART COUNCIL

**Positions**  
are now opened

Visit  [studentartcouncil.sd43](https://www.instagram.com/studentartcouncil.sd43)  
for applying



**Apply Now!!**

Student Art Council Executive  
Application Form





JOIN

# *Model United Nations*

- Learn how to **debate**, **strategize**, and **problem-solve**
- Develop **public speaking** skills
- Become familiar with **real-world events**
- **Universities** love Model UN!!

**Scan the QR code to join!!**

First meeting  
Tuesday,  
**October 1** @  
Lunch in Room  
235





# CLUBS

**Are you interested in starting or running a club at HWSS this year?**

Scan the QR code and complete the club application form to get your club started.

**Clubs Day Sept. 26** – make sure to complete this form so that your club will be promoted.

Club Application Form 2024-2025



# KODIAK ATHLETICS

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**Friday**  
**September 13<sup>th</sup>**  
**6:45-8:30am**

# **Senior Boys Basketball Tryouts**

**“WE ARE KODIAKS”**






# JR BOYS SOCCER TRYOUTS

Friday September 13th  
Monday September 16th  
Tuesday September 17th

3:45-5 PM

please fill out qr code if you are  
planning to attend





# CAREER CENTER





# Discovery Days in Health Sciences

<https://www.cdnmedhall.ca/BCCHRI2024>

- Discovery Day will allow high school **students (grades 10 and 11)** to explore careers in medicine and health sciences. Participants will attend a dynamic keynote lecture, take part in two interactive workshops (pre-selected from a catalogue of options) and join in a discussion with a diverse panel of academics, researchers and health-care professionals who'll share all about their careers.
- Event happens November 7<sup>th</sup>.
- Registration per school is limited.
- **Interested students must speak to Mr. Baldus before Sept. 19 for information on how to apply for a spot to register.**



Canadian Medical Hall of Fame

**Discovery Days**  
in HEALTH SCIENCES

## Discovery Days in Health Sciences

Organized by the Canadian Medical Hall of Fame and hosted by BC Children's Hospital Research Institute, [Discovery Days in Health Sciences](#) is a one-day event that gives secondary school students and teachers the opportunity to explore a variety of career options in medicine and the health sciences. The day includes a dynamic keynote lecture, hands-on workshops, and a career panel discussion. Students gain a clear picture of what it would look like to be a health professional by interacting with researchers, clinicians and educators in their real-life work setting.